

Scoring the AUDIT

The AUDIT has **10** questions and the possible responses to each question are scored **0, 1, 2, 3 or 4**, with the exception of questions **9** and **10** which have possible responses of **0, 2** and **4**.

The range of possible scores is from 0 to 40 where 0 indicates an abstainer who has never had any problems from alcohol. A score of **1 to 7** suggests low-risk consumption according to World Health Organization (WHO) guidelines. Scores from **8 to 14** suggest hazardous or harmful alcohol consumption and a score of **15 or more** indicates the likelihood of alcohol dependence (moderate-severe alcohol use disorder).

INTERACTIVE AUDIT SCREEN

<https://auditscreen.org/check-your-drinking/>